



GOATS BUTTER

Nutritional Information

Typical values and Reference Intakes (RI) of an average adult (8400kJ/2000 kcal).



GOATS BUTTER

Typical Values	Per 100g	Per 10g Serving	Percentage Reference Intake*
Energy - KJ	3265	327kj	-
- Kcal (Calories)	794	79kcal	4%
Fat	88g	8.8g	13%
- of which saturates	60.4g	6.0g	30%
Carbohydrates	Trace	Trace	0%
- of which sugars	Trace	Trace	0%
Protein	0.5g	0.1g	0%
Salt	1.5g	0.15g	3%
Calcium	120mg	1.8mg	<1%

* Reference Intakes have replaced Guideline Daily Amounts and are based on serving size. Made with fresh pasteurised British goats' cream. Suitable for a cows' milk free diet, gluten free and suitable for vegetarians.

Goats' Butter Added Ingredients: salt (1.5%), colour: beta-carotene.